#### WoofTrax

TRU 100.06 Walk

#### Mission Statement

Our service project sought to determine how we could use our walking in order to contribute to the wider Kirksville community. The way that we found to do this was through the use of the WoofTrax app: a program that tracks your distance while walking and donates money to an animal shelter of your choice based on points awarded for walking certain distances. After selecting the Adair County Humane Society, we split into groups, using the app to track our walking not only together but also day-to-day as we walked to and from classes. This proved to be an excellent way to not only incentivise walking and exploring Kirksville, but also to take advantage of the inherent amount of walking we do as college students in order to give back to the community. After the conclusion of this project, continued use of the app will allow us to continue to raise money for the humane society, creating a way for us to easily give back to Kirksville for years to come.

### Narrative Report

To the Adair County Humane Society,

Hello, we are students at Truman participating in the WALK Symposium, where we are learning more about Kirksville as a whole through walking. As a portion of this course, we participated in a service project. Our service project sought to determine how we could use our new found passion for walking in order to contribute to the wider Kirksville community. The way that we found to do this was through the use of the WoofTrax app: a program that tracks your distance while walking and donates money to an animal shelter of your choice based on points awarded for walking certain distances. After selecting your organization as the recipient of any donation, we split into groups, using the app to track our walking not only together but also day-to-day as we walked to and from classes. This proved to be an excellent way to not only incentivise walking and exploring Kirksville, but also to take advantage of the inherent amount of walking we do as college students in order to give back to the community. After the conclusion of this project, continued use of the app will allow us to continue to raise money for the humane society, creating a way for us to easily give back to Kirksville for years to come.

Sincerely,

The Students of the 2021 Truman Symposium 'Walk'

#### Who We Partnered With





WoofTrax App

# Group #1

Miles Walked: 304.9

# Group #2

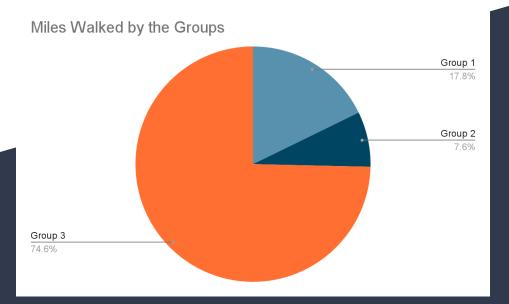
Miles Walked: 129.9

# Group #3

Miles Walked: 282.7

#### **Group Total**

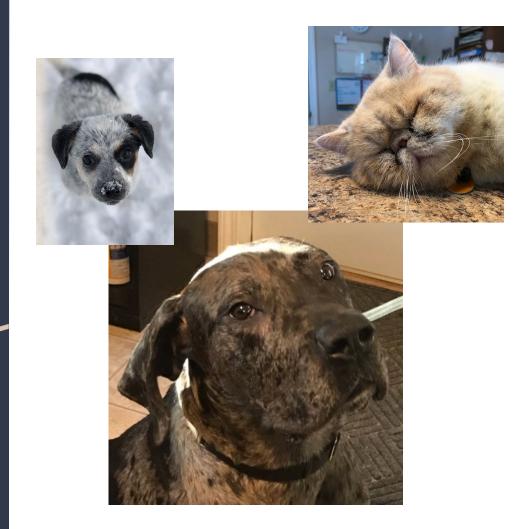
Miles Walked: 717.5



What Our Walks
Looked Liked...



Who We Helped



#### Reflection

As a group, our goal was to help dogs that did not have homes that were at our local Animal shelter. In order to do so, we used the app WoofTrax to track the miles we walked, earning point that WoofTrax then bases donations to the shelter off of. There were levels on the app that measured the amount of walking that each person completed. We talked outside of class time to organize walks and worked together as a group to keep each other accountable about our walking. We were all involved in the project which made it easy for each group member to succeed, which is why as a group we were able to walk 717.5 miles!

# We would like to challenge you to join us on WoofTrax to help your local humane society.